

SUNDAY

11:00AM 1HR Staying Clean, Living Clean Group,
Ooknakane Friendship Centre, 146 Ellis Street,
Penticton, BC, V2A 5E3 **(O,WC,LC)**

12:30PM 1HR To Any Lengths, Lower parking lot,
100 Rock Creek Cut Off Road, Rock Creek, BC, V0H
1Y0 **(O,To)**

6:00PM 1HR No Matter What, Vineyard Church, Use
back door, 1825 Main St, Penticton, BC, V2A 5E3
(O,To)

6:30PM 1HR Princeton Meeting, Princeton Family
Society, 56 Kenley Ave, Princeton, BC,

MONDAY

NOON 1HR Steps to Freedom, Penticton United
Church, 696 Main St (Chapel Door), Penticton, BC, V2A
5E3 **(O,D,To)**

7:30PM 1HR Three Winds Group, Royal Canadian
Legion, 510 Veterans Ave, Keremeos, BC, V0X 1N3
(O,WC)

TUESDAY

NOON 1HR Steps to Freedom, Penticton United
Church, 696 Main St (Chapel Door), Penticton, BC, V2A
5E3 **(O,JT,WC)**

7:30PM 1HR Just For Today Group, Vineyard
Church, 102 1825 Main Street, Penticton, BC, V2A 5C8
(O,D,To)

WEDNESDAY

NOON 1HR Steps to Freedom, Penticton United
Church, 696 Main St (Chapel Door), Penticton, BC, V2A
5E3 **(O,WC,QA)**

7:30PM 1HR Keep It Simple Group, Oliver
Community Center, 6359 Park Drive - meeting room
#2, Oliver, BC, V0H 1T0 **(O,D)**

THURSDAY

NOON 1HR Steps to Freedom, Penticton United
Church, 696 Main St (Chapel Door), Penticton, BC, V2A
5E3 **(O,JT,WC)**

7:00PM 1HR Nk'Mip Meeting, 1006 McKinney Rd.,
Oliver, BC, V0H 1T0 **(O,D)**

FRIDAY

NOON 1HR Steps to Freedom, Penticton United
Church, 696 Main St (Chapel Door), Penticton, BC, V2A
5E3 **(O,To,WC)**

7:00PM 1HR Straight Clean And Simple Group,
Parish Hall, 150 Orchard Avenue, Penticton, BC, V2A
1X8 **(O,St,Tr,WC)**

SATURDAY

NOON 1HR Steps to Freedom, Penticton United
Church, 696 Main St (Chapel Door), Penticton, BC, V2A
5E3 **(O,To,WC)**

**7:30PM 1.5HR Everything Happens For A Reason
Group,** United Church, 7814 Spartan Drive, Osoyoos,
BC, V0H 1V2 **(O,D,WC)**

7:30PM 1HR Just Us, Oliver Community Center Rm
#2, 6357 Park Drive, Oliver, BC, V0H 1T0 **(D,M)**

MEETING FORMAT LEGEND

D	Discussion	JT	Just for Today
M	Men	O	Open
St	Step	To	Topic
Tr	Tradition	WC	Wheelchair
QA	Question and Answer	LC	Living Clean



<https://nanooner.ca>

SUGGESTIONS FOR EVERYONE
DON'T USE no matter what
Ask your Higher Power to keep you clean
Come early and stay late
Get a home group
Go to 90 meetings in 90 days
Read NA literature daily
Get and use a sponsor
Use the PHONE
KEEP COMING BACK. IT WORKS

Meetings Weekly: 17



**SOUTH OKANAGAN AREA
MEETING LIST**

APRIL 2025

24 HOUR HELPLINE

1-855-852-5687

What is our message?

**The message is that an addict,
any addict, can stop using drugs,
lose the desire to use,
and find a new way to live.
Our message is hope
and the promise of freedom.**