

SUNDAY

11:00AM 1HR Staying Clean, Living Clean Group, Oonkane Friendship Centre, 146 Ellis Street, Penticton, BC, V2A 5E3 **(O,WC,LC)**

12:30PM 1HR To Any Lengths, Lower parking lot, 100 Rock Creek Cut Off Road, Rock Creek, BC, V0H 1Y0 **(O,To)**

6:30PM 1HR Princeton Meeting, Princeton Family Society, 56 Kenley Ave, Princeton, BC, **(O,To)**

MONDAY

NOON 1HR Steps to Freedom, Penticton United Church, 696 Main St (Chapel Door), Penticton, BC, V2A 5E3 **(O,D,To)**

7:30PM 1HR Three Winds Group, Royal Canadian Legion, 510 Veterans Ave, Keremeos, BC, V0X 1N3 **(O,WC)**

TUESDAY

NOON 1HR Recovery in the Desert, Lutheran Church, 6 Finch Crescent, Osoyoos, BC, V0H 1V2 **(O,To,WC)**

NOON 1HR Steps to Freedom, Penticton United Church, 696 Main St (Chapel Door), Penticton, BC, V2A 5E3 **(O,JT,WC)**

7:30PM 1HR Just For Today Group, Vineyard Church, 102 1825 Main Street, Penticton, BC, V2A 5C8 **(O,D,To)**

WEDNESDAY

NOON 1HR Steps to Freedom, Penticton United Church, 696 Main St (Chapel Door), Penticton, BC, V2A 5E3 **(O,WC,QA)**

6:00PM 1HR Women on Wednesday, Penticton United Church, 696 Main St (Chapel Door), Penticton, BC, V2A 5E3 **(C,To,W,WC)**

6:30PM 1HR Princeton Meeting, Princeton Family Society, 56 Kenley Ave, Princeton, BC, **(O,To)**

7:00PM 1HR Keep It Simple Group, Oliver Community Center, 6359 Park Drive - meeting room #2, Oliver, BC, V0H 1T0 **(O,D)**

THURSDAY

NOON 1HR Steps to Freedom, Penticton United Church, 696 Main St (Chapel Door), Penticton, BC, V2A 5E3 **(O,JT,WC)**

6:00PM 1HR No Matter What, United Church (Chapel), 696 Main Street, Penticton, BC, **(O)**

7:00PM 1HR Nk'Mip Beginners Meeting, 1006 McKinney Rd., Oliver, BC, V0H 1T0 **(O,B,D)**

7:30PM 1HR A Fresh Start, Grand Forks Baptist Church, 7850 2nd St, Grand Forks, BC, V0H 1H0 **(O,St)**

FRIDAY

NOON 1HR Steps to Freedom, Penticton United Church, 696 Main St (Chapel Door), Penticton, BC, V2A 5E3 **(O,To,WC)**

7:00PM 1HR Recovery in the Desert, Lutheran Church, 6 Finch Crescent, Osoyoos, BC, V0H 1V2 **(O,To,WC)**

7:00PM 1HR Straight Clean And Simple Group, Parish Hall, 150 Orchard Avenue, Penticton, BC, V2A 1X8 **(O,St,Tr,WC)**

SATURDAY

NOON 1HR Steps to Freedom, Penticton United Church, 696 Main St (Chapel Door), Penticton, BC, V2A 5E3 **(O,To,WC)**

7:00PM 1HR Just Us (Mens Meeting), Oliver Community Center Rm #2, 6359 Park Drive, Oliver, BC, V0H 1T0 **(C,D,M)**

7:30PM 1HR Everything Happens For A Reason Group, United Church, 7814 Spartan Drive, Osoyoos, BC, V0H 1V2 **(O,D,WC)**

7:30PM 1HR Surrender 2 Win, United Church (Chapel), Use back door, 696 Main St, Penticton, BC, V2A 5E3 **(O,JT,WC,SPAD)**

MEETING FORMAT LEGEND

B	Beginners	C	Closed
D	Discussion	JT	Just for Today
M	Men	O	Open
St	Step	To	Topic
Tr	Tradition	W	Women
WC	Wheelchair	QA	Question and Answer
LC	Living Clean	SPAD	A Spiritual Principle a Day



<https://nanooner.ca>

SUGGESTIONS FOR EVERYONE
DON'T USE no matter what
Ask your Higher Power to keep you clean
Come early and stay late
Get a home group
Go to 90 meetings in 90 days
Read NA literature daily
Get and use a sponsor
Use the PHONE
KEEP COMING BACK. IT WORKS

Meetings Weekly: 23



**SOUTH OKANAGAN AREA
MEETING LIST**

APRIL 2026

24 HOUR HELPLINE

1-855-852-5687

What is our message?

**The message is that an addict,
any addict, can stop using drugs,
lose the desire to use,
and find a new way to live.
Our message is hope
and the promise of freedom.**