

## SUNDAY

**11:00AM 1HR Staying Clean, Living Clean Group,**  
Ooknakane Friendship Centre, 146 Ellis Street,  
Penticton, BC, V2A 5E3 **(O,WC,LC)**

**12:30PM 1HR To Any Lengths,** Lower parking lot,  
100 Rock Creek Cut Off Road, Rock Creek, BC, V0H  
1Y0 **(O,To)**

**6:00PM 1HR No Matter What,** Vineyard Church, Use  
back door, 1825 Main St, Penticton, BC, V2A 5E3  
**(O,To)**

**6:30PM 1HR Princeton Meeting,** Princeton Family  
Society, 56 Kenley Ave, Princeton, BC,

## MONDAY

**NOON 1HR Steps to Freedom,** Penticton United  
Church, 696 Main St (Chapel Door), Penticton, BC, V2A  
5E3 **(O,D,To)**

**7:30PM 1HR Three Winds Group,** Royal Canadian  
Legion, 510 Veterans Ave, Keremeos, BC, V0X 1N3  
**(O,WC)**

## TUESDAY

**NOON 1HR Steps to Freedom,** Penticton United  
Church, 696 Main St (Chapel Door), Penticton, BC, V2A  
5E3 **(O,JT,WC)**

**7:30PM 1HR Just For Today Group,** Vineyard  
Church, 102 1825 Main Street, Penticton, BC, V2A 5C8  
**(O,D,To)**

## WEDNESDAY

**NOON 1HR Steps to Freedom,** Penticton United  
Church, 696 Main St (Chapel Door), Penticton, BC, V2A  
5E3 **(O,WC,QA)**

**7:30PM 1HR Keep It Simple Group,** Oliver  
Community Center, 6359 Park Drive - meeting room  
#2, Oliver, BC, V0H 1T0 **(O,D)**

## THURSDAY

**NOON 1HR Steps to Freedom,** Penticton United  
Church, 696 Main St (Chapel Door), Penticton, BC, V2A  
5E3 **(O,JT,WC)**

**7:00PM 1HR Nk'Mip Meeting,** 1006 McKinney Rd.,  
Oliver, BC, V0H 1T0 **(O,D)**

## FRIDAY

**NOON 1HR Steps to Freedom,** Penticton United  
Church, 696 Main St (Chapel Door), Penticton, BC, V2A  
5E3 **(O,To,WC)**

**7:00PM 1HR Straight Clean And Simple Group,**  
Parish Hall, 150 Orchard Avenue, Penticton, BC, V2A  
1X8 **(O,St,Tr,WC)**

## SATURDAY

**NOON 1HR Steps to Freedom,** Penticton United  
Church, 696 Main St (Chapel Door), Penticton, BC, V2A  
5E3 **(O,To,WC)**

**7:30PM 1.5HR Everything Happens For A Reason  
Group,** United Church, 7814 Spartan Drive, Osoyoos,  
BC, V0H 1V2 **(O,D,WC)**

**7:30PM 1HR Just Us,** Oliver Community Center Rm  
#2, 6357 Park Drive, Oliver, BC, V0H 1T0 **(D,M)**

## MEETING FORMAT LEGEND

D	Discussion	JT	Just for Today
M	Men	O	Open
St	Step	To	Topic
Tr	Tradition	WC	Wheelchair
QA	Question and Answer	LC	Living Clean



**SOUTH OKANAGAN AREA  
MEETING LIST  
JANUARY 2025**

**24 HOUR HELPLINE  
1-855-852-5687**

**SUGGESTIONS FOR EVERYONE  
DON'T USE no matter what  
Ask your Higher Power to keep you clean  
Come early and stay late  
Get a home group  
Go to 90 meetings in 90 days  
Read NA literature daily  
Get and use a sponsor  
Use the PHONE  
KEEP COMING BACK. IT WORKS**

Meetings Weekly: 17

**What is our message?**

**The message is that an addict,  
any addict, can stop using drugs,  
lose the desire to use,  
and find a new way to live.  
Our message is hope  
and the promise of freedom.**

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